

Cross-Borough And Community Support

- **Alzheimer's Society:** dementia information, support services, local groups and Dementia Friends
- **Age UK Berkshire:** information, home help, social activities and support for older people and carers
- **Dementia UK:** specialist dementia nursing advice and support for families
- **Younger-onset dementia support:** specialist advice, peer support and activity sessions
- **Carers UK:** national information, advice and online support for unpaid carers
- **New Wokingham Road Surgery:** ask about carer registration, the Carers' Champion, annual health checks and social prescribing
- **Local community groups:** dementia cafés, dementia-friendly churches, community centres and local charities across Crowthorne, Wokingham and Bracknell

Urgent And Crisis Support

Situation	Contact
Immediate danger or life-threatening emergency	999
Urgent medical help when it is not life-threatening, or you are unsure what to do	NHS 111
Bracknell Forest Adult Social Care	01344 351500
Wokingham Borough Council	0118 974 6000
Wokingham social care out of hours	01344 351999

Accuracy note: Services and contact details can change. Confirm non-urgent details with the service before travelling. This guide is for signposting and does not replace medical or social-care advice.

Dementia Support in Crowthorne & Wokingham Without

A practical guide for residents across Bracknell Forest and Wokingham Borough

Start here: Check your council tax bill to confirm whether you live in Bracknell Forest or Wokingham Borough. Local-authority social care follows your home address and council area; NHS referrals follow the relevant healthcare pathway. New Wokingham Road Surgery is in Crowthorne and sits within the Berkshire West NHS system.

How to use this guide

1. Check your council tax bill to confirm your borough.
2. Go to the relevant blue or green section.
3. Use the cross-borough section for services available more widely.
4. See Event Supporters for organisations offering broader wellbeing support.

Event supporters and wellbeing organisations

These organisations are attending the Dementia Health Event but are not dementia-specific services.

- **Rainbow Care Group:** home care, community support and wellbeing services
- **Involve Community Services:** volunteering, community connections and support for local groups
- **Rowberrys:** local estate and community support and engagement
- **Signal4Carers:** advocacy, information and guidance for unpaid carers
- **Berkshire Talking Therapies:** NHS support for anxiety, depression and stress, including counselling and cognitive behavioural therapy where appropriate

Bracknell Forest support

Dementia Advisory Service

The main local advice service for people living with dementia, their family members and carers. It offers information, practical guidance, planning support, signposting, and help to stay safe and well at home.

Phone: 0118 904 6900

Email: dementia.adviser@bracknell-forest.gov.uk

Memory Clinic and Older People's Mental Health Service

- Memory and cognitive assessment
- Diagnosis and treatment planning
- Medication advice and reviews
- Specialist support for complex needs

Access: Ask your GP or another healthcare professional for a referral; self-referrals are not accepted.

Bracknell Forest Council — Adult Social Care

Contact the council about care and support needs assessments, carer assessments, home care, respite, equipment and assistive technology, Blue Badges, and financial assessments.

Phone: 01344 351500

Carer and community support

- Signal4Carers: free information, advice, groups, activities, events, learning and training for unpaid carers in Bracknell Forest
- Dementia cafés and social groups
- Singing and activity groups
- Carer support groups and training

Wokingham Borough support

Wokingham Dementia Care Advisory Service

The main local advice service for Wokingham Borough residents diagnosed with dementia, their carers, families and friends. It offers confidential support, a consistent point of contact, information, links to health and social care, local activities, benefits guidance and longer-term planning. Home visits can be arranged.

Phone: 0118 904 7200

Email: DCAWOKOPMH@berkshire.nhs.uk

Address: The Barkham Clinic, 41 Barkham Road, Wokingham RG41 2RE

Memory Clinic and Older People's Mental Health Service

- Memory and cognitive assessment
- Diagnosis and treatment planning
- Medication advice and reviews
- Specialist support for complex needs, including young-onset dementia

Access: Ask your GP or another healthcare professional for a referral; self-referrals are not accepted.

Wokingham Borough Council — Adult Social Care

Contact the council about care and support needs assessments, carer assessments, home care, respite, equipment and assistive technology, Blue Badges, and financial assessments.

Phone: 0118 974 6000

Social care out of hours: 01344 351999

Carer and community support

- Wokingham Carers Partnership
- Support groups, training and carer assessments
- Dementia cafés, memory clubs and activity groups
- Local leisure and dementia-friendly community activities