

# New Wokingham Road Surgery Patient Participation Group (PPG)

## Newsletter

Issue 2 Winter 2024-2025

### 'Change NHS' - Help Build a Health Service Fit for the Future

### Take part in the national conversation.

The NHS are encouraging everyone to give their views on the future of the NHS through the Government's 'Change NHS' campaign to help build a health service fit for the future.

Staff are facing an unprecedented number of challenges - record demand for care, growing pressures from an ageing population, rising levels of multiple long-term illnesses and patients with more complex needs.

Hospitals are having to manage this while often seeing patients in crumbling buildings and struggling to discharge patients when they are ready to leave due to pressure on social care.

So, it is vital that the health service innovates and adapts - as it has always done throughout its 76 year history - to design and deliver an NHS fit for the future.

'Change NHS' aims to gather views, experience and ideas to shape immediate steps and long-term changes: a new 10-Year Health Plan for the NHS.

Don't miss your opportunity to have your say about the future of the NHS. Everyone over the age of 16, living in England can take part in this national conversation, go to:

### change.nhs.uk



### **Accessing Services**

### Medical Receptionist/triage:

The traditional receptionist role has been replaced by a trained Medical Receptionist.

They book appointments so they will ask questions and triage callers to ensure the patient gets to see the appropriate service/professionals based on their healthcare needs.

### Other professionals:

Patients may not see the same GP each time, they may be directed to a different GP or be referred to other professionals such as a pharmacist, physiotherapist, or an advanced nurse practitioner.

At times, in-person appointments are not deemed necessary, so they may arrange a telephone appointment. However, if a patient wants to see a specific doctor this can of course be arranged but may mean waiting.

# Recycle Your Medicine Blister Packs

Don't just bin them!

You can find recycling bins in Boots in Wokingham and Bracknell and Superdrug in Bracknell and Camberley, and I'm sure more will follow. So, start collecting, and reduce landfill!



# **Upcoming Health Event - Save the Date!**

Your Patients' Group is organising another Health Event to be held on **Tuesday 8th April 2025** at **The Morgan Centre**, doors opening at 7.00pm.

This time we are focussing on 'What Can Crowthorne do for You!'

There are times in our lives when we need someone to talk to, or extra support but we don't always know where to turn to.

Finding the right help can be a challenge, especially if transport is an issue.

This event is to help people have more understanding and knowledge about what is out there.

There will be speakers as well as stands that you can visit, both before and after the talks and hopefully answer any problems you may have.



### **Charity Donations**

After much discussion, it was agreed by our committee that after donating a total of £4,000 to My Cancer My Choices, that we would start looking at other local charities, and make a donation each time we reached £500.

It was decided that as they get little help from central government that our initial donation would be to the Thames Valley Air Ambulance.

If you have any suggestions for a local charity that you feel needs support, please let us know.

### **AGM and Elections**

We held our AGM in October, when all existing committee members agreed to stand again, So your committee is as follows:

- 1. Andy Wells-King, Chairman;
- 2. Jasmin Bushnell, Secretary;
- 3. Mary Twomey, Treasurer

Sally Abbott; David Broderick; Garry Curran, Sue Honey; Karen Markham; Brenda Metcalf; Judy O'Regan and Noel Twomey.



### Message From The Chair

We hope you all had a Merry Christmas and we wish you Happy and Healthy 2025.



### **CONTACT US**

#### **Contact Details**

Andy Wells-King PPG Chair

Tel: 07776 202034 or

Email amwellsking@aol.co.uk