

## New Wokingham Road Surgery Patient Participation Group

### Minutes of the Meeting held on Friday 2<sup>nd</sup> August 2024

#### Present:

Andy Wells-King (AW-K) – Chairman  
David Broderick (DB)  
Karen Markham (KM)  
Judy O'Regan (JO'R)  
Noel Twomey (NT)

Sally Abbott (SA)  
Sue Honey (SH)  
Brenda Metcalf (BM)  
Mary Twomey (MT) - Treasurer  
Jasmin Bushnell (JB) – Secretary

KM left the Meeting at 11.00am

- 1. Apologies:** Garry Curran and Surgery Representatives.
- 2. Minutes of the Meeting** held on 28<sup>th</sup> June 2024. An amendment is added here that in item 9, it was originally JO'R who stated that the letters inserted in the library were shabby followed in agreement by SA. The minutes were then approved.
- 3. Matters Arising:** There were none.
- 4. Treasurer's Report**  
MT stated that there was £224.44 (which includes surgery float of £100) in our account and since the last meeting we have raised £42 from Walks and £23.76 from Books. A total of £890.30 has been raised by Books alone since May 2023.
- 5. Charity**  
A discussion was held on whether we should carry on donating to My Cancer My Choices, change to another charity or split the monies. We spoke about keeping to MCMC but have some reserve monies to give to another worthwhile cause if one arises. MT suggested we could give the float money to a secondary cause before making it up again. JO'R suggested "Good Neighbours" but BM stated that they do not need money only voluntary staff and JO'R said there must be many small charities needing money. The Air Ambulance was suggested by NT and SH as a starter. BM felt that it would be wrong to advertise that we are collecting for one charity then give some to another. JB wanted to confirm if the surgery could benefit from any of our collections. AW-K said that in the past they had declined any monetary help but would contact Laura to confirm this is still the case. SH said we to wait until we find out what is in the community (at the AGM?) before deciding. BM stated that she knows someone connected to "First Responders" and will ask if they need funds. We will review the Charity at further meetings.  
**ACTION AW-K/BM**
- 6. AGM**  
AW-K had been in touch with the Royal British Legion for available dates in October and currently all Wednesday evenings were free. After discussion with the group, **7.30pm on 23<sup>rd</sup> October 2024** was agreed as a good date for all. BM will confirm this date with the RBL. On confirmation from BM, JB will ask the surgery to advertise the AGM six weeks prior to the date. KM asked if the surgery would also advertise the AGM on their Facebook page in addition to the website and the notice board. JB will confirm with the surgery.  
**ACTION BM/JB**

## 7. Newsletter

If everyone was happy with the draft, which all present were, AW-K asked SH if she was still prepared to produce it as agreed at the last meeting. Sue explained that she did not have a lot of time but was prepared to produce a simple sheet. There was a discussion on whether it should be single or double column and SH thought that a split column would make the text look smaller. JO'R thought that photographs or pictures would make it more eye catching. SH suggested leaving out "Leavers/and Starters" at the surgery but most present felt the information should go in. Therefore SH said she would put "Books" nearer the top and "Leavers/Starters" nearer the bottom.

During the discussion, BM asked SH how many views our Facebook page had. SH stated about 20 and MT asked whether we needed it. SH said that if we all followed and shared the page, more people would see it.

**Action SH**

## 8. Health Event

Before we agreed on the Community Health Event, SA asked if we would consider an Obesity Event but most of the group agreed that most obese people would not admit to it.

After a long discussion on a title for our event, "What Can Crowthorne Do For You" "(check out your health and wellbeing)" was agreed. BM asked what age group we were aiming at. It was difficult to say, as it was mostly for the elderly but there are also a lot of younger people with health problems.

After another long discussion on possible speakers and stands BM suggested that we need three speakers and possibly two reserves in the event we are let down at the last minute. Therefore it was agreed to ask the following to speak:-

- a) Simon Shaw (or another) from Healthwatch (Healthwatch have covered the insurance in the past and SH is going to ask them as to whether they will still do it.
- b) Marta Fischer from NHS BOB to speak on the NHS App.
- c) Someone from Talking Therapies (who will help you through your problems such as Anxiety/Depression/Menopause plus others)

As a reserve Olga Zilberburg from "the Missing Link will be asked. SH will be first contact to ask them. Stand holders to be asked from:- COATS, Good Neighbours, The Crowthorne Minibus, A Social Prescriber (contacted through the Surgery), Two Sisters Cafe for their evening events such as their menopause club and choir, Crowthorne Library for groups and clubs and Chris Price who is the Digital Inclusion Officer for WBC.

JO'R also suggested Berkshire Search and Rescue (primarily for people with dementia in our area who are missing) but this will be held in reserve.

**Thursday 3<sup>rd</sup> April 2025** was the date proposed for the event and to hire the Morgan Centre from 6.30 pm to 10.00pm

Regarding distribution of posters; - as in past events, we will ask shops in the High Street and Library to display posters.

AW-K said that we should not have Q & A session after the Speakers to allow more time for others to view the stands. Anyone wishing to speak directly to the speakers can do so individually. NT said we should have less chairs laid out to enable the extra stands this time.

NT asked if SH would be prepared to do a demonstration of the NHS App but it was agreed that Marta Fischer would be there to do it. SH said that if there was no WIFI in the hall, she would take a list of anyone wanting to learn the NHS App.

The event will be discussed again at future meetings.

BM suggested to SH that another outlet for promoting the NHS App would be at the RBL Coffee mornings or Friday lunchtimes at the Club. This may encourage people to learn the App and also raise awareness of the Club. BM will introduce SH to the Club.

**ACTION BM/SH**

**9. Any Other Business.**

AW-K said he had attended a Community Leaders workshop to discuss the impact if the Royal Berkshire Hospital moved to a different site, at Wokingham on 12th July. The RBH was on the Government list announced in 2019. Unfortunately it slipped further down the list when Frimley Park was added due to RAAC. At present work is scheduled to start in 2031 and could take 4-5 years. A full rebuild on the existing site would take approximately 14 years. One major problem is the lack of construction companies able to undertake these large projects. Two sites are under final consideration - Thames Valley Park (at the end of the A329M); and Thames Valley Science Park (near Shinfield Studios). I stressed at the meeting that access was one of the most important things. Not just by car but by public transport. We have been promised an impact statement by the Autumn.

**10. Date of Next Meeting: Friday 13<sup>th</sup> September 2024**

The Meeting finished at 11.35am

**JB 02.08.24**