

CRANSTOUN

Empowering People, Empowering Change

Child and Young Person Support Service



WHO WE ARE

The Wokingham Domestic Abuse Service brings together an integrated range of programmes and interventions to support victims and survivors of domestic abuse. Programmes and services are delivered by highly experienced and skilled staff with unique skills in domestic abuse. We are dedicated to delivering the best support possible for the Wokingham community.

WE PROVIDE

*An 8-week one-to-one programme for young people aged 7-18 yrs. The sessions provide a safe, nurturing space for children and young people to explore their thoughts and feelings whilst learning mindfulness and relaxation techniques. Topics such as: **Understanding our Body, Healthy Relationships, Staying Safe and Being Kind to Ourselves** are covered in the sessions.*



WHO

Children and young people aged between 7-18 who have witnessed or suffered domestic abuse; both presently or historically.



WHERE

The 1:1 sessions take place within school or a community space such as the library or Children's Centre.



REFERRALS

Parents, carers, social workers, community services and schools can refer children and young people to the service. Please see website for details.

GABY ROSE

CHILD AND YOUNG PERSON SUPPORT WORKER

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WWW.CRANSTOUN.ORG/SERVICES/DOMESTIC-ABUSE/DASS